



TIME: _____

POINT DEDUCTION SHEET

Team Name / Division _____

ST														
RT														
S														
PY														
T														
MD														
J														

0 - :15 SECONDS

ST														
RT														
S														
PY														
T														
MD														
J														

:15 - :30 SECONDS

LEGEND

ST = Standing Tumbling
 RT = Running Tumbling
 S = Stunts
 PY = Pyramids
 T = Tosses
 MD = Motions/Dance
 J = Jumps

ST														
RT														
S														
PY														
T														
MD														
J														

:30 - :45 SECONDS

ST														
RT														
S														
PY														
T														
MD														
J														

:45 SECONDS - 1 MINUTE

ST														
RT														
S														
PY														
T														
MD														
J														

1 MINUTE - 1:15

ST														
RT														
S														
PY														
T														
MD														
J														

1:15 - 1:30

ST														
RT														
S														
PY														
T														
MD														
J														

1:30 - 1:45

ST														
RT														
S														
PY														
T														
MD														
J														

1:45 - 2:00

Athlete Fall
 0.25 x _____ = _____

Building Fall
 0.75 x _____ = _____

Major Building Fall
 1.25 x _____ = _____

Maximum
 1.75 x _____ = _____

TOTAL

ST														
RT														
S														
PY														
T														
MD														
J														

2:00 - 2:15

ST														
RT														
S														
PY														
T														
MD														
J														

2:15 - 2:30

COMMENTS