



2022 CHEERBRANDZ CHEERABILITY & DANCEABILITY – GENERAL SCORING AND RULES

CheerAbility and Dance Ability provides an opportunity for all athletes, regardless of their ability, to compete in All-Star Cheer and Dance. The provision of both unified and independent teams allows programs to promote and grow at their own pace.

ATHLETE & SUPPORT PERSONNEL

NON-ADAPTIVE ABILITIES ATHLETE -

Teams can consist of non-adaptive abilities athletes, but no more than 75% of the team. These athletes can join the team to allow an athlete with an adaptive ability the opportunity to compete/perform. The purpose of this team is to highlight the athlete with an adaptive ability with the support of their team. When assigning a level or skill, Coaches must be considerate to the best interest of the adaptive ability athlete.

DIVISION RULES

CHEERABILITY & DANCEABILITY DIVISION RULES -

CheerAbility is available for IASF levels 1- 4. Teams will follow the IASF general rules and routines requirements.

Dance Ability is available in all genres. Teams must follow the IASF Dance general rules and Genre Specific rules and guidelines.

Wheelchair users when basing stunts and pyramids must have all wheels in contact with the performance surface during the skill, with an added and appropriate anti-tip attachment for safety.

Clarification: An appropriate wheelchair anti-tip attachment must be in contact with the chair and the performance surface as an additional point of contact to the performance surface while both wheels of the wheelchair are also in contact with the performance surface.

All wheelchairs must be visually locked when used as a base for athletes to stand or put any amount of weight on the chair.

Non - motorised wheelchairs:

- With or without assistance, must have at least 2 wheels in the performance surface at all times.

- Either front or back 2 wheels. Must not tip to the side. Tipping backwards or forward only allow with aid of tipping device
- When non-motorised wheelchairs are in motion, if there is an individual pushing the athlete in the wheelchair, that individual must remain in contact with the wheelchair while it is in motion. The wheelchair must not be released during motion.
- Motorised wheelchairs must have all 4 wheels on the floor at all times
 - Exception - if assistance is needed to lift back wheels onto the performance surface.

All athletes spotting, catching and/or cradling a skill must must have mobility through their lower body (with or without use of mobility equipment) to absorb the impact of the skill, as well as with adequate lateral speed to spot, catch and/or cradle the skill

All athletes spotting, catching and/or cradling a skill must have at minimum one arm extended beyond the elbow to adequately assist with the skill.

Release moves and dismounts may be caught by individuals who were not the original base/s if the main base/s are not capable of catching and/or cradling the skill. Release moves must return to original bases, unless the original base/s are not physically capable of catching the release move as designates.

Mobility devices (eg. wheelchairs, crutches etc.) may be used to aid the top person in loading into a stunt and/or pyramid. For example: a top person may step upon any portion of a wheelchair, mobile device, and/or upon a base supporting a crutch to load a skill.

All mobility equipment, prosthesis and braces are considered part of the athlete unless they are removed, in which case they are considered legal props, until replaced on or returned to the athlete. Basket tosses are not required in any CheerAbility or DanceAbility division. This includes load in and waist level cradles.

Tumbling whole holding or in contact with any prop is not allowed, unless the 'prop' is mobility equipment for an adaptive abilities athlete.

Any team wishing to compete above level 2 must apply via video submission to the CheerBrandz Team to receive written approval which must be provided at time of entry to events.

All stunts and pyramids (at prep level or above) require a non-adaptive abilities athlete or assistant as spotter/safety spotter

Spotted and assisted tumbling is not permitted

Up to 3 coaches/assistants are allowed to signal from the front of the mat and may not obstruct the view of the judges. No limit to the number of assistants around the perimeter of the floor.

Assistants must:

- Be registered for the competition and have completed a waiver
- Follow both CheerBrandz general rules and IASF rules

It is the responsibility of the coach to determine the capability and proficiency of the individuals when choosing the skills to be performed.

Cheerbrandz has the right to merge All Cheer/Dance Ability Divisions.

PENALTIES FOR CHEER RULES INFRACTIONS & DEDUCTIONS -

- Any violations of the CheerAbility or Dance Ability rules may receive a 2 point deduction.
- IASF legality infractions may receive a 1 point deduction.
- Building bobbles and building/tumble falls will receive a warning providing the error does not cause the skill to become unsafe. Major building falls will be deducted.